



PS / MS 206

Scope and Sequence - Grades 1-3

This suggested scope and sequence guide is designed for use with the CWK videos and accompanying print lessons. Many print materials that accompany videos include reflection questions and a structured lesson, allowing facilitators to be flexible in choosing activities.

| Theme | Topic | Lesson Information |
|--------------------------------|-----------------------------------|--|
| Bullying & Violence Prevention | <i>Courage</i> | Lesson Plan <i>Courage</i> : students will learn about the concept of courage and discuss how to be courageous. |
| Attendance & Achievement | <i>Growth Mindset</i> | Lesson Plan <i>Growth Mindset</i> : students will learn about developing a growth mindset. |
| Health & Wellness | <i>Who am I?</i> | Lesson Plan <i>Identity Who Am I?</i> : Students use a dice game to learn more about their self-identity.. |
| | <i>Mental Health</i> | Lesson Plan <i>Having Self-Confidence</i> : students will learn about their self-confidence and how to help each other promote self-confidence. |
| | <i>Problem Solving</i> | Lesson Plan <i>Problem Solving</i> : students will learn a process for finding solutions to a problem, can be tailored to alcohol and drug prevention. |
| | <i>Friendship</i> | Lesson Plan <i>Friendship</i> : students will learn about the characteristics of a good friend, can be tailored to sexual abuse by having students discuss dangerous relationships and who to tell if someone threatens personal safety. |
| | <i>Making Responsible Choices</i> | Lesson Plan <i>Making Responsible Choices</i> : students will learn about how choices we make have consequences |
| Digital Citizenship | <i>Kindness</i> | Lesson Plan <i>Kindness</i> : students will practice being kind to one another, can be applied to how some are not kind online. |
| Character & Life Skills | <i>Empathy</i> | Lesson Plan <i>Empathy</i> : Students create scenarios demonstrating the importance of empathy toward one another. |